

# ”Link worker training model” in Lapland region in Northern Finnish context



*Paula Yliniemi & Jukka Hakola*  
*Lapland University of Applied Sciences*

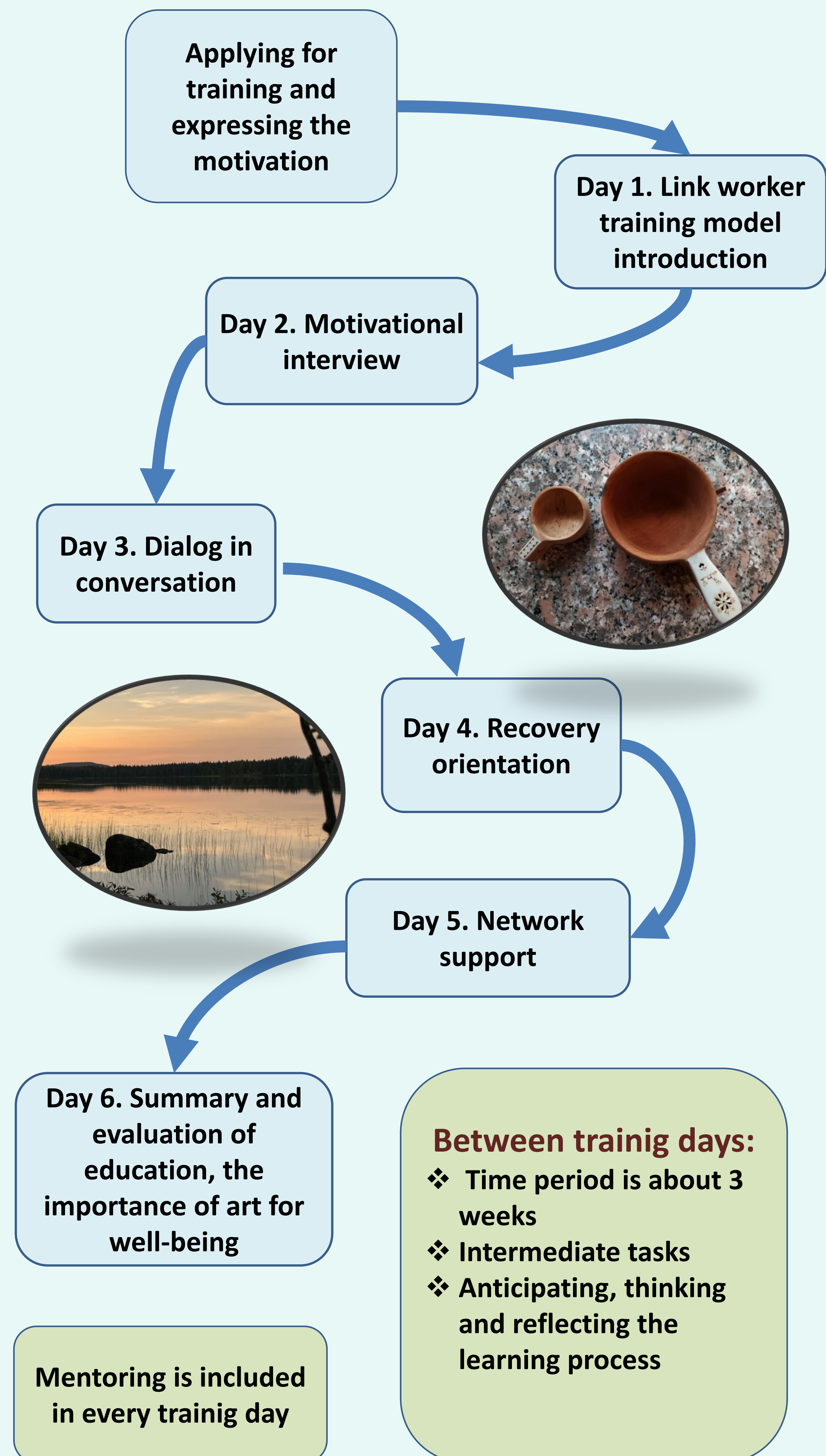
Lapland university of Applied Sciences made history  
in Finland  
when the first Social prescribing Link workers  
graduated in spring 2021 – now in the VASA2 project  
the sixth training group graduated in June 2024.

## Learning objectives of Link worker training model (4 credit)

- Through the educational process, you will be able to:
- Support people in perceiving their own life situation and drawing up a personal plan
- Apply dialogue in a conversation
- Support the customer based on their own needs to take advantage of the services provided by the municipality, the third sector and parishes
- When acting as a link worker, you identify what kind of values and ethical principles your own way of working is based on
- Use mentoring to develop and support your own professional and personal growth

(Yliniemi, Savukoski, Hakola & Köngäs 2020-2021)

## Main content of the Link worker training model



Paula Yliniemi, Senior Lecturer, RN, Med,  
Psychotherapist, Supervisor  
[paula.Yliniemi@lapinamk.fi](mailto:paula.Yliniemi@lapinamk.fi)

Jukka Hakola, Med, Dialogue trainer  
[jukka@diades.net](mailto:jukka@diades.net)  
Jokiväylä 11 C  
96300 Rovaniemi  
Finland

Lapland University of Applied Sciences



European unionin rahoittama –  
NextGenerationEU

**LAPIN AMK**  
Lapland University of Applied Sciences